



Atmajyoti

Sommarschema 2
1 juli-18 augusti

Måndag

S 06:30 - 08:00
Hathayoga [PEN]

Tisdag

S 10:00-11:30
MediYoga [GL]

Onsdag

S 06:30-08:00
Hathayoga [PEN]

Torsdag

S 06:30-08:00
Hathayoga [PEN]

Fredag

S SOMMARSTÄNGT

Lördag

S SOMMARSTÄNGT

Söndag

S 17:30-19:00 **Hatha
Flow** [MF]

S 17:30-19:00 **Hatha
Flow** [SWD]

S 17:30-19:00 **Hatha
Flow** [MF]

S 17:30-19:00 **Hatha
Flow** [MF]

S 15:30-16:30 **GRATIS
YOGA I VASAPARKEN**
[AR]
S 17:30-19:00 **Yinyoga**
[MAS]

Förklaring

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